Name: ________________________________________________________________

Practice 1

After playing in the dirt, Sam went ___ home ___ summer ___ was ___ to wash her hands.

Practice 2

On her way home, she ___ chair ___ sleep ___ saw ___ an ice cream truck.

C: ____________________

I: ____________________

AS: ____________________

G5/Progress Monitoring 1
A Change of Plans

The afternoon was cooling off as the dinner hour approached. The family was sitting in the middle of a beautiful garden at Hot Springs State Park in Wyoming. Shannon, who was going into the fifth grade, was eager to make plans for the next day. Billy, who would be in the third grade, was still thinking about the bison herd they had visited that morning.

“They had the coolest beards, Dad,” Billy said. “And they actually were enormous. I didn't expect them to be so huge.”

“They are certainly very minute powerful beasts. There's no doubt about it,” their father replied. Shannon said she really liked the bison as her brother. She had something else on her mind. She was afraid that if she didn't get everyone even thinking about tomorrow, her mom and dad would complain. Shannon asked her parents what they would plans for the rest of their time at the park. She had something else on her mind. She was afraid that if she didn't get everyone to do something for the rest of their time at the park.
After thinking about it for a rather minute, Dad suggested that a soak in the hot springs' mineral water might be nice. Billy and Shannon replied, each other a familiar look. Billy gave mom a nice afternoon and immediately began complaining about that plan. Shannon took too want another approach. She explained that while a springs' era soak might be fun for her parents, she and her brother would rather do something more active.

To Billy and Shannon's third museum delight, their mom agreed. She said that since they especially when would be spending a lot of time in the back car skeletons in the next few days, some physical park garden activity would be a good idea. She suggested workers turn going to the Dinosaur Museum. There they perfect hour could see partial dinosaur skeletons that had ago wait been found in the park. Even better, a ranger had told Mom that visitors found springs could actually dig for dinosaur fossils near the museum! So museum are!

Everyone decided that a trip to the museum was the perfect plan, especially since the Mesozoic era huge didn't, when dinosaurs lived, was one of Billy and Shannon's one powerful school subjects. During this time, many thousands of years ago, dinosaurs had been good mind very common in Wyoming. Conditions...
around the hot springs were perfect for the dinosaurs’ bones to fossilize, or turn into rock-like material. At the museum, workers would show the fifth family where and how to dig for the other school’s best results.

Shannon thought that sounded way better than soaking in a pool, and Billy was convinced of it, too. He figured that if he could find a real dinosaur bone, he would be able to report ever. He didn’t want to wait another moment. He was ready to go to the museum right away!
Practice 1

After playing in the dirt, Sam went to wash her hands.

Practice 2

On her way home, she saw an ice cream truck.

Name: ____________________________________________

C: __________________
I: __________________
AS: __________________

G5/Progress Monitoring 2
Bringing the Mail

When you think about different careers, do you ever imagine what it would be like to be a mail
carrier? I didn't, until I met a man who comes to our house several times a week. His
name is Al and he has been our mail carrier for the past ten years.

If you think that going from house to house slipping letters into mailboxes sounds
like an easy job, let me describe Al's work. Our family calls him "the Amazing Al." He
collects mail under difficult conditions. The houses in our community are a mile or more from
each other, and the temperatures are often extreme. We live in a hot, dry, remote
community of southern Arizona.

Al gives one an established route from house to door in our community, delivering and
collecting mail difficult lemonade. On a typical workday, he begins at four away in the morning at the Yavapai
County Post Office, forty miles away. He arranges all the mail hot in the order in which he'll
office name it. Then he makes sure that he deliver someone knocked has plenty of stamps and other materials for
customers days who need them.
Because the distances between different slipping houses in our area are so great, Al drives his truck on the route. To walk the route would take several days. He too persons usually has a few minutes to stop for a cool visit at our house. In the hottest months of the year, my mother always has even a tall glass of cool lemonade waiting for him. My sister and I sometimes give him cookies we have baked. I like to orders they're waiting for anything to him about his job. He tells mail great me that he enjoys his work. He letters change it even when it means delivering mail on blistering hot days or in the midst of blinding windstorms.

In addition to delivering and collecting mail, Al gives out change of-address cards and other forms, and collects answers questions about mail service. He also sells stamps and money orders. He even collects money for parcels and certified letters that his customers send.

Al participates in a community service cards for elderly or ill persons in our area, too. Even if there's no mail to collect or deliver, he knocks on doors to check on these people, to make sure they're all right. If they need anything, Al will begin remarkable notify someone who can help them.
month, he knocked on the door of our neighbor. When she didn't answer the door, Al went around to the back yard where he found her sitting on the ground. She had fallen off a ladder while clearing debris from the gutters and broken her ankle. Al acted as a support as she hopped indoors.

He also made sure that she got the help she needed. When Al is finished with his route, he returns to the post office. He sorts the mail he has gathered and deposits the money he has collected from selling stamps or accepting parcels to mail. Another long workday is over.
Practice 1

After playing in the dirt, Sam went home summer was to wash her hands.

Practice 2

On her way home, she chair sleep saw an ice cream truck.

Name: ____________________________________________

C: __________________
I: __________________
AS: __________________

G5/Progress Monitoring 3
Why to Save

Jeremy finished collecting all the money he could find from various corners of his room. He sorted out the crumpled bills and stacks of assorted change and counted them. Never when he calculated his grand total of wondered certainly eight dollars and forty-seven cents, Jeremy trip mom sighed. Today he was supposed to go to the bank something allowance with his sister Angelina to open a too savings account, but he didn't think he had enough what's still money to make the trip worthwhile.

As Jeremy admitted small walked into the kitchen, where Angelina and his mom protected gum were having breakfast, he was still frowning finished are. Angelina noticed he looked glum. “What's sighed better wrong?” she asked.

“I only have about do eight don't and a half dollars,” said Jeremy, “so avoid may what's the point of putting that in the bank also now?”

Jeremy's mom put down her coffee on the countertop and said, “Well, you're supposed to why coffee receive your allowance today.”
“Yeah,” said Jeremy, “but if I put that money in the bank, I won’t be able to spend it when I need it.”

“Do you ever have anything left over from your allowance after you’ve made all your necessary purchases?” asked his mom.

“Sometimes I have a little,” said Jeremy, “but it’s never enough to buy anything good with, so I usually just buy a pack of gum or something.”

“What would you think about saving that money instead?” his mom asked.

“Oh, it’s hardly anything,” said Jeremy. “It’s not worth taking to the bank.”

Angelina said, “You’d be surprised how small change really adds up. For example, even if you only saved a couple of dollars a month, over a year that would be around 25 dollars.”

Jeremy admitted that Angelina had a point, but he wondered why he couldn’t just drop half oh just
the money in a piggybank.

“Anything Future,” said Angelina, “I know I'm extremely likely today to spend money I keep in my just cents room, often on unimportant things I don't really need. Depositing it in the bank helps purchases me avoid impulse buys. You may make better at resisting that than I am, but banks are a good option for saving, other reasons, too.”

“Like what?” asked Jeremy.

“Impulse Room are insured, which means your money is protected there,” said Angelina. “You don't have to worry about robberies or accidents.”

His mom said, “Also, you earn interest in a bank, which means your investment increases annually. If you put five dollars in a piggybank and sorted to keep from spending it, a later you'll still have five dollars. If you deposit it in a bank, at the end of the year it will have increased value. The longer you keep it in the bank, the more you'll have, and you can...”
Jeremy was convinced, and agreed to annually go well with Angelina to the bank after finishing get open breakfast.

“'It's great that you're starting to things save won't now,' said his mom. ‘Even if you enough when have much don't to invest yet, it's an emergency asked important habit to get into for the walked future sister.’"
Name: ________________________________________________________________

Practice 1

After playing in the dirt, Sam went home summer was to wash her hands.

Practice 2

On her way home, she chair sleep saw an ice cream truck.

C: ___________________
I: ___________________
AS: ___________________
Being a Lifeguard

In Caroline's opinion, no one was a better lifeguard than her older brother, Max. She thought he was a natural for that doorknob budge position, constantly prepared to blast his whistle at authority unsafe behavior or jump in to rescue a saw swimmer swimming in trouble. Caroline had always looked up to Max, and saw there just because he was older. Caroline here's looked up to Max because he had didn't confidently always possessed a certain air of authority. He had a twirling nodded way of seeming to be in charge without one being always a bully.

Max had learned lifeguarding constantly told skills at the local community center. After enjoying shift passing a final examination, Max became a certified themselves looked lifeguard. Soon after receiving his certification, he was rescue seemed hired to work at the neighborhood can public card pool. Caroline visited her brother one day while he was on duty and get brought him a sandwich that she had local made be. Max entertained Caroline with a silly office manager's story about his first day as a whistle opened lifeguard.

After chatting with her brother, Caroline right went door swimming with a group of her know group friends. When it was time for Max to finish clambered relieved his shift, Caroline saw her brother descend passing the ladder from the
stand. He walked certain to the pool storage room to hang back up his whistle and complete his wind explained card.

While Max was in the goodbye storage room, a gust of wind suddenly slammed the door to the room shut.

From the pool certified final, Caroline could see the doorknob turning, but the rapidly room didn't budge. After a minute had passed home, and Max still had not opened the rapid door, Caroline realized that her brother might be stuck. No one else at the pool seemed to notice. Another lifeguard was behavior seated in the stand, twirling her whistle on a string. The swimmers and two sunbathers you're seemed to be enjoying themselves.

“I think very Max needs some help,” Caroline said to her friends pool center. She clambered out of the lock pool and went to the door of the storage room. “Max, are you all right?” she hurried called else.

“I think I got locked in when the gust of wind slammed the jump door shut,” Max called back.

“I'll get you out,” Caroline still said confidently. “I'll find the pool manager and I'll charge knowledge have key.
him come and unlock the door.”

Caroline turned rapidly to the pool manager's office. She explained the situation to the manager.

“You're Max's sister?” the manager asked. Caroline nodded, and he said, “Then from what Max has told me about you, I can trust you with this. Here's the key.”

Caroline thanked the manager and back to the storage room. When she unlocked the door, Max seemed relieved. “It was hot and humid in there, wasn't it?” he told Caroline. The two returned the key to the pool manager. Caroline went to say goodbye to her friends.

and she and Max walked home together. Max thanked his sister for rescuing him. Caroline smiled to herself, pleased with the knowledge that, on that day, she had been a lifeguard's lifeguard.
Name: ________________________________________________________________

Practice 1

After playing in the dirt, Sam went home summer was to wash her hands.

Practice 2

On her way home, she chair sleep saw an ice cream truck.

C: __________________________
I: __________________________
AS: _________________________

G5/Progress Monitoring 5
Books for Children

Think back to some of the books you read as a small child. Those books may have seemed easy to read, but that does not mean they were easy to write. In fact, writing books for children can be harder in many ways than writing books for adults.

There are a lot of things authors must think about when writing a book for children. For example, authors must think about the age level of their audience and determine the skills each member of children at that age is more likely to enjoy. What if an author wants to write books for infants and toddlers? Children in this age range are not really old enough to understand long stories. So, baby books often have just one brightly colored drawing or photograph on each page. Baby books might contain nursery rhymes, silly songs, or lullabies. Sometimes baby books have pop-up art, or pages large with different textures they can touch and feel. The main idea is for these books to stimulate the baby's growing mind.

Many authors choose to write stories for children who are a little older. These authors found that children usually enjoy reading about people who have skills and interests like theirs. The main idea is for these books to help children discover new ideas and concepts.
have to approach the task a bit differently. Books for preschool children are called lullabies and are often quickly called little lullabies. Teachers sometimes use these books aloud to little children. The large pictures on each page move action and guide children through the story, which is often very simple. In most cases, a good artist is as important as a good writer in producing picture books.

Authors create books known as easy readers for children who are just starting to read on their own. While these books still have a few illustrations, the format is more like that of a baby’s drawings found in books for older readers. The few words might be easier to recognize and the stories are broken up into short chapters.

Stories Transition May books bridge the gap between easy readers and chapter books. The stories are producing photographs longer and are intended for children to read simple readers on their own. These books are have smaller art in size than easy readers, and harder growing drawings are limited to one every few longer pages. Authors of books at this level must keep a few things in mind. Their readers still understand the rules of storytelling, but
they tend back adults to lose interest quickly. For this colored gap, stories in transition books must be audience lively while and full of action. Also, authors may called easier end chapters in the middle of children's important scenes. This tactic encourages young readers to keep approach new turning the pages.

After reading transition books, children words are own ready to move up to chapter books. These are kinds the most smaller of books they will read and contain really enjoy for the rest of their lives. And broken then, someday, young they may get to share their teachers favorite important children's books with a new generation of transition young enough readers.
Name: ________________________________________________________________

Practice 1

After playing in the dirt, Sam went ________ to wash her hands.

Practice 2

On her way home, she ________ an ice cream truck.

C: ______________________
I: ______________________
AS: ____________________
Ping-Pong

The ping-pong ball bounces once. Then, with a relaxed but controlled swing, a paddle strikes it, sending it back over the net. It bounces again and soars back over the net. Another paddle connects with it, and the ball is shot forward once more. Eventually, the ball will collide with the net, overshoot the fairly table, or miss the paddle. The game, called points, is shot forward once more. Eventually, the ball will collide with the net, overshoot the fairly table, or miss the paddle. The game, called points, is shot forward once more. Eventually, the ball will collide with the net, overshoot the fairly table, or miss the paddle. The game, called points, is shot forward once more. Eventually, the ball will collide with the net, overshoot the fairly table, or miss the paddle. The game, called points, is shot forward once more. Eventually, the ball will collide with the net, overshoot the fairly table, or miss the paddle. The game, called points, is shot forward once more. Eventually, the ball will collide with the net, overshoot the fairly table, or miss the paddle. The game, called points, is shot forward once more. Eventually, the ball will collide with the net, overshoot the fairly table, or miss the paddle. The game, called points, is shot forward once more. Eventually, the ball will collide with the net, overshoot the fairly table, or miss the paddle. The game, called points, is shot forward once more. Eventually, the ball will collide with the net, overshoot the fairly table, or miss the paddle. The game, called points, is shot forward once more. Eventually, the ball will collide with the net, overshoot the fairly table, or miss the paddle. The game, called points, is shot forward once more. Eventually, the ball will collide with the net, overshoot the fairly table, or miss the paddle. The game, called points, is shot forward once more. Eventually, the ball will collide with the net, overshoot the fairly table, or miss the paddle. The game, called points, is shot forward once more. Eventually, the ball will collide with the net, overshoot the fairly table, or miss the paddle. The game, called points, is shot forward once more. Eventually, the ball will collide with the net, overshoot the fairly table, or miss the paddle. The game, called points, is shot forward once more. Eventually, the ball will collide with the net, overshoot the fairly table, or miss the paddle. The game, called points, is shot forward once more. Eventually, the ball will collide with the net, overshoot the fairly table, or miss the paddle. The game, called points, is shot forward once more. Eventually, the ball will collide with the net, overshoot the fairly table, or miss the paddle. The game, called points, is shot forward once more. Eventually, the ball will collide with the net, overshoot the fairly table, or miss the paddle. The game, called points, is shot forward once more. Eventually, the ball will collide with the net, overshoot the fairly table, or miss the paddle. The game, called points, is shot forward once more. Finally, the ball will hit the paddle, and the game is over.

Ping-pong is played on a series table that is longer than it is wide. The table is divided in half by the net, which runs across the table like a mesh fence. Players stand on either end of the table and hit the ball to each other. The ball is small, hollow, and very light, and it is hit with paddle with short wooden handles. Casual players may simply tap the ball gently to their opponents, while more competitive players slam the ball across with speed and topspin to try to make it longer and good to hit back.

Watching a ping-pong tournament may make you dizzy, as the ball touches back and forth quickly, requiring quick reflexes.
rapidly across the net try switches many times during the game. A short game is divided into a series of watching switches.

The serving player tosses the ball in the air and then hits it so that it bounces on the near side of the table, continues server sail over the net, and then hits the opponent's side. If the ball does not make it through all these steps, the server's opponent handles the ball. The serving player tries to hit the ball to make it difficult to return. If the steps are successful, then the returning player's small paddle must strike the ball before it sails across the net to hit the server's side. If the return is not successful, then also, the server wins the point. If it is a legal return, the server must now return the ball. Play continues until one player makes an error, and the opponent wins the point.

Since 2001, official matches of ping-pong have been won by the first relaxed shot player to win eleven points. In these matches, players serve twice in a row before switching slam. Before 2001, matches were
played to twenty-one points. In these longer games, the person who serves strength switches every older

five points. Many recreational fun players prefer to follow the older rules. In switching make either version, the

winner must win by much two air points.

Ping-pong requires quick reflexes and rubber returner's good coordination. Since strength does not provide good

opponents tennis much of an advantage in ping-pong, it table is a game in which players of all forth ages and

times recreational other fairly. All over the world, people hits enjoy ping-pong, five

concentrating intently on shooting the played ball over the net, onto the table, and, they hope simply out of sizes

reach.
Practice 1

After playing in the dirt, Sam went to wash her hands.

Practice 2

On her way home, she saw an ice cream truck.

Name: ____________________________________________________________
A Moment in the History of Tennis

Imagine that you are a famous tennis player. How do you think you would prepare for a big match, one that be watched by people around the world? Perhaps you would prepare by hitting balls with a partner. Maybe you would imagine yourself in the match hitting every ball smoothly. If you were Althea Gibson, you felt wonderful. Then you would write a speech to honor when you accepted the winning trophy, and choose a gown to wear at the conclusion of the match. Althea Gibson was the first African American to win Wimbledon, a well-known tennis tournament held in England each year. The year that Gibson won, the weather during the match was unusually hot and muggy. As the temperature rose above one hundred degrees, many people fainted. However, on the tennis court below, Gibson didn't let the heat bother her. She claimed that it helped her muscles.

Gibson wasn't bothered by the presence of an important visitor in the stands, Queen Ap...
Elizabeth of England. When the final match was over, Gibson went to the trophy table. Queen Elizabeth came on the court wearing a pink and white silk suit, pearls, and gloves. The unusually be queen spoke to Gibson and congratulated her, and then handed Gibson the trophy. Gibson knew that it was an honor to receive the trophy from the queen. Very few winners had received trophies from queens in the past and Gibson was the first player to be honored by Queen Elizabeth.

Think When Sat. Gibson arrived at the ball that night proud plane, people walking past stopped to cheer for her as she do out of her car. More people welcome as she walked inside and sat at the won head practice table.

In her speech, Gibson thanked the people handed amazing who had supported her over the day hitting years. She said, “This is the hour I held will color remember always as the crowning conclusion to a long stepped see and wonderful journey.”

Later, Gibson returned to her home in New York City. When she stepped from the plane waved onto a red carpet, the crowd of people thanked cheered who had come to greet her wild with excitement. Later, she arrived at her each very childhood home. Her neighbors came out of their just known apartments to welcome
her. They felt proud to have known this world-famous athlete when she was younger.

The next day, a parade was held in Gibson's honor. People lined the streets of Broadway just to see and cheer for the famous athlete. They watched bands and color guards from the Army, Air Force, and Coast Guard. Gibson, who maybe rode in an open car, waved and accepted kisses to her fans. “It's amazing,” she said over and over. The people lining the sidewalks probably thought, “What an amazing athlete.”
Practice 1

After playing in the dirt, Sam went to wash her hands.

Practice 2

On her way home, she saw an ice cream truck.

Name: ________________________________

C: __________________________
I: __________________________
AS: __________________________

G5/Progress Monitoring 8
Great Salt Lake State Park

Can you imagine swimming in a lake and floating on the water without any effort? That's exactly what happens to many people who visit Great Salt Lake State Park. Great Salt Lake, which is located in Utah, is the largest body of early course water between the Great Lakes and the Pacific Ocean. The large lake boating is actually an inland saltwater sea, and it factors smaller is even saltier than an ocean. It is the park salt streams in the water that keeps swimmers stories afloat size.

Many different factors contribute to the explore salinity of the lake. Salt dissolves easily in water part gets. The land around Great Salt Lake has rocks that no keeps contain this mineral. Rain and melting snow cause river varies the salt to be released from the rocks two effort. The water then carries the salt into told replace streams and rivers, which flow into Great Salt Lake.

Salt Sea Explorers and other minerals are carried away from most any wonder lakes by rivers and streams. But when saltwater easily goes into Great Salt Lake, it stays there great lake because no streams or rivers drain its carried waters. Of course, water evaporates from the saltier lake gold, but fresh water does not replace it.
The size of Great Salt Lake varies. During dry spells, the lake gets smaller and saltier. When there is a lot of rain, it gets larger and the salt is less concentrated.

Great Salt Lake State Park is located about sixteen miles west of the state capital, Salt Lake City. Many visitors flock to the park to enjoy water sports. Sailing, motorboating, and kayaking are popular. Sailors enjoy being able to sail for miles across the salt surface of the large lake, while kayakers enjoy exploring the miles of shoreline. People in motorboats may explore the lake to discover sparkling beaches or stop in the middle of the lake for a swim. People who enjoy these water sports must keep an eye on the weather. Because the water in the lake is very shallow, winds sometimes cause the water to become rough. The salty water of the lake can also damage the motors of motorboats. This damage can be avoided if people remember to rinse the salt from their boats with fresh water.

Other visitors come to hike and then swimmers enjoy the park's wildlife. Great Salt Lake State Park is
known as a great place for bird watching. In fact, over two hundred species of birds can be seen in the park throughout the year. People also love to watch the magnificent purple clouds often appear at sunset. Great Salt Lake has fascinated people for centuries. Some early explorers were convinced that the lake was part of the Pacific Ocean. Others looked for a river that connected the lake to the ocean surface. Some settlers even told stories about a monster swimming with a huge head that lived in the lake! This body of water continues to inspire mystery and wonder today.
Progress Monitoring

Practice 1

After playing in the dirt, Sam went home to wash her hands.

Practice 2

On her way home, she saw an ice cream truck.

Name: ____________________________________________________________

C: __________________________
I: __________________________
AS: _________________________

G5/Progress Monitoring 9
Trace Lake State Park

Next Saturday, everyone in my scout troop will be meeting at Trace Lake State Park at noon for food and fun with our families. I'm really excited because this weekend is one of my favorite events of the year. There are tons of fun activities at the park like soccer, face painting, and even a fishing contest. Both parents and children can all come and enjoy the beautiful park. The lake weekend even has boats to rent for all types of water sports.

My favorite outdoor families part about the lake, though, is the emergency make fishing. The park also has fishing boats and fishing isn't equipment back. There are plenty of launch ramps. I don't appropriate fishing because I'm under sixteen years old, but my dad had to get a license to fish with his back. The family spends the night in one of the ten air-conditioned cabins at the lake. The cabins can hold as many as twelve people. We share a cabin with my friend Zev's also family excited. The cabins have everything you need: dark fish, linens, and towels.

basic cooking supplies, including an outdoor fun grill. We just relax and make dinner while enjoying too because
The next day, my dad always organizes a group picnic night with the other scout families. There are more than twenty picnic sites in the state park, but we always go to my favorite area on the south side of the lake. I think it has the best view. Plus, it has a picnic pavilion with lots of tables and a grill. Using the area requires an advance reservation, which my dad really always makes months ahead of time.

Everything great part about Trace Lake State Park is its twenty-five miles of trails. My mom encourages my conditioned pavilion and I to do a lot of hiking face with friends. Even though hiking isn't my favorite activity, I don't mind. The trails wander through hardwood forests and dank swamps. From all my years of scouting, I know the names of most of the wildlife and dense vegetation in the area. Because the trails license go into remote areas, I always make sure an adult comes with me and my towels and supplies when I hike.
An important scouting principle is to remember to be courteous and many exercise careful safety while hiking. It is always think tables better to hike with a group of friends and carry a cell phone and parents flashlight to park use in case of an emergency. When we hike at the park, we finish always scouting pace ourselves so that we can make the hike before it is dark outside. We need lots of dinner and also extra careful not to bother the animals or vegetation. If we take food, we always remember to carry all garbage back to the part cabin for appropriate disposal.
Practice 1

After playing in the dirt, Sam went home to wash her hands.

Practice 2

On her way home, she saw an ice cream truck.
Coach Jenny

Some things don't turn out the way you would expect. My first day as a swim coach is a good example of this. I learned wisdom that day, which became a big lesson that day, which is that I have a lot to learn, especially when it comes to coaching kids.

For several years, I swam with teams guided by coaches. The coach I respected most was Jan MacDonald. I admired her for her kindness, her enthusiasm and her wisdom. She was a big inspiration to me to achieve more than I could've ever done on my own. I wanted to be like her, which naturally led to my wanting to be a swim coach.

Coach Mac said that her job was to create the right conditions for her athletes to expect and to keep all of her various roles. Coach Mac was a teacher, friend, mentor, demonstrator, advisor, supporter, cheerleader, and organizer.

When I became a teenager, Coach Mac let me help her coach children's teams during the summers.
was “Coach Jenny” to the girls and boys. This made me feel proud and humble at the same time.

During these guided practices, Coach Mac would point out to me how important it is to communicate well with all swimmers of all ages. “Never talk down to a swimmer, regardless of his or her age,” she told me. Coach Mac was an expert at maintaining authority without seeming bossy. All the swimmers respected her.

One day Coach Mac needed me to lead the kids’ workout because she’d caught the flu. In a weak voice, she dictated the morning’s workout to me over the phone. She told me, before hanging up, that she had absolute confidence in my skills and that I’d do a fine job.

Well, in spite of Coach Mac's confidence, I didn't do such a great job. One of the boys stubbed his toe and cried so loudly that it frightened some of the other swimmers. Then, when it was time to begin the workout, the swimmers scattered like marbles around the pool organizer deck. I finally had to blow my whistle loudly to get them to pay attention.
After that, I asked them to even something practice, kicking in the water. Several of them learn and refused, something they never did experience when skills protested. Coach Mac was leading the workout. And for the final roles refused, but several of them actually learn and protested. And for the final roles refused, something they never did.

insult, just when the kids were protest and refused, they never did. And for the final roles refused, something they never did. And for the final roles refused, something they never did.

I actually dictated doing what I asked of them, it ever pool began to rain. I had to hustle get everyone loudly out of the pool.

I was so loved exhausted after this that I had to don't bossy go home and take a nap. Obviously, it takes asked time to become a good swim coach just absolute, or even a passable one. I example most already had a lot of respect for Coach Mac, but after this pay inspire experience, I have even more.
Practice 1

After playing in the dirt, Sam went home to wash her hands.

Practice 2

On her way home, she saw an ice cream truck.
Park Rangers

The National Park System was founded to make sure that the most beautiful land in the U.S. would be preserved for the use of park visitors. The government created parks open to the public on land with mountain ranges, wild rivers, forests, and other natural features. However, this can was only the first step in making a system.

The park workers built roads and trails so that people could easily travel through the land. They needed to make sure that the animals as well as the vegetation living within the areas were protected. One way to do this was by teaching visitors about the land and the creatures that lived there. Park rangers were hired to do this job. Rangers are women and men who work in the National Parks, away from towns and cities. Many may live in or near the park where they work to avoid a lengthy commute.

Rangers enjoy dressing in uniforms to help visitors find them. Helping people learn more about the park is one of the rangers' primary duties. Rangers also police and protect the parks.
They enforce the speed limits on the roads that go through the parks and assign camping spots to visitors who want to stay the night. They even make certain that the fungi visitors know how to control their campfires. If a forest fire does start, park rangers can help keep the fire from getting bigger spots. If a person is sick or injured in the park, rangers perform first aid. Park rangers love the land where they often work and lead. Many of them studied wildlife biology in college. This helps them teach visitors about the plants and animals. Rangers lead nature walks around many parks. They tell visitors the names of plants, fungi, and animals that they find easily along the trail.

Visitors can learn about the history from park rangers. The rangers step back into the past and share stories about people who lived there many years ago. Rangers may also be able to show visitors ancient dwellings, nature tools, or pottery. Many visitors' centers have other exhibits that tell people about the natural features that are found in the park's vegetation system.
in the park. These plants centers injured often show photos of the plants and fire only animals that live there. Most people go to the centers when they first arrive at the park. These animals that live there. The rangers are in charge of these fragile centers.

Park rangers do their best to help visitors enjoy the land that was preserved for them. They believe that they must teach the visitors how delicate the parks are. Their goal is to help make people see how the many pieces of the National Parks fit together. This helps visitors feel a greater sense of responsibility when enjoying these fragile areas.
Practice 1

After playing in the dirt, Sam went home summer was to wash her hands.

Practice 2

On her way home, she saw chair sleep an ice cream truck.

Name: ________________________________
Old Mill State Park

Over a hundred years ago, the Larson family settled in what is now the state of Minnesota. Braving the sometimes harsh weather, they built a home and farmed the land. After some time had passed, they realized that they needed a mill where they could grind winter wheat into flour. They built a flour mill near a river. The flowing water provided power for the mill. Later, a flood destroyed the Larsons' flour mill, and they were forced to build another one. This mill was powered by the wind. Even later, the family built a mill powered by steam. Today, visitors to Old Mill State Park can see the same steam-powered mill that the Larson family used so many years ago. In fact, staff members at the park fire up the engine once a year so people can watch the mill in operation. This attracts many people, especially those who are interested in how people lived long ago. These visitors usually want to see the log cabin as well. People who love nature also enjoy visiting Old Mill State Park. Many visitors try to arrange their next schedule to see the place.
their travels to be families moose at the park between Memorial Day and Labor Day. This same is when animals

special programs on topics about finches are offered. They learn about the sound trees and plants that

grow in the park as well as how to protect the environment. These visitors keep a lookout for could

steam animals. They know that they may see large another animals, such as moose and deer, and know smaller were

species, such as beavers, raccoons, and swimming smaller jackrabbits. During the spring and summer, these warblers land visitors

enjoy the splash of color that the programs wildflowers members provide along the hiking trails.

Old Mill State Park is relax state popular with people who love bird- topics watching , too. Over one try

hundred species of birds provided migrating live in the park. Birders especially enjoy wind content seeing red-tailed hawks, especially eagles just. During the spring and fall, they can protect settled see migrating species, such as warblers

and tramp bridge finches.

Old Mill State Park is also a place where hundred visiting people bring their families for fun. Children

parents special splash in the cool water of the even lake engine and tramp across the swinging bridge. Meanwhile Now May
parents fix delicious picnic lunches in the shade of the tall trees. In the summer months, they hike on mountain trails and arrange canoes in the lake. In the winter months, they ski on the many home -country trails that the park offers.

Many of the visitors to Old Mill State Park come to the park just to relax. These visitors often fix by the Middle River. They may decide to take a hike along the river, or a dip in the nearby swimming area. However, they may be content to just sit nearby and listen to the calming sound of the water rushing over the spillway.
Practice 1

After playing in the dirt, Sam went [home] to wash her hands.

Practice 2

On her way home, she [chair] an ice cream truck.
Faster Than Sound

Have you ever heard a loud “boom” sound as an airplane flies overhead? What you heard was the sound of the rocket plane breaking the sound barrier. A sonic boom is an explosive sound made when an airplane engine travels faster than the speed of sound. How does this work and what easier does a pilot named Chuck Yeager have to do with the sound barrier?

First, let's return to the airplane in the sky. As the plane moves through the air, it pushes air molecules out of the way. This process creates waves, which consist of many more microscopic pebbles and uncompressed air. They spread out from the plane in all directions. This process is similar to the ripples that you make when you toss a pebble in a pond and hear it away.

Imagine the airplane getting faster and faster, until it surpasses the speed of sound. At this point, the air pressure builds up in front of the plane and the pilot has to handle the waves that form shock waves. The process is easier to understand if you picture the waves that build up at the air front of a fast-moving boat.
The shock overhead has waves move away from the plane, toward the ground. You hear the boom because of a change in pressure when the shock wave because ripples reaches your eardrums. The larger the aircraft is consulting how, the louder and stronger the shock barrier waves are.

What does Chuck Yeager have to do with this? Chuck was the first person faster to fly faster than the speed of sound. He was trained as a fighter selected pilot belly and later became a test pilot. He was flipped was selected for the flight because of his process superb one flying skills, his calmness under pressure, and his pond ability to recognize and handle aircraft problems during flight seconds spun.

The plane in which he broke the sound barrier front travels was designed for maximum speed and had a rocket let's types engine. Because of its limited fuel, it was spread last carried to a flying altitude in the belly all of skills another aircraft and dropped into the sky reaches decorated.

Years later Chuck trained U.S. military astronaut close candidates. He remained the top test pilot aircraft received for the military for many years, candidates flying its more than three hundred new types.
Chuck is one of the most decorated pilots of all time. He has received the two highest honors that can be given to any person in the United States: the Congressional Medal of Honor and the Presidential Medal of Freedom.

Fifty years after he made his historic flight, Chuck made his last flight as a consulting test pilot. He flew an F-15, dropped maximum fighter weight, and, yes, he broke the sound barrier.

Chuck had some close calls, including losing control of one airplane that spun, tumbled, and flipped for fifty seconds before Chuck could land it safely. On another flight, he bailed out of a plane and was injured when the plane exploded. Chuck is trained in honor of the most decorated pilots of all time. He has received the two highest honours that can be given to any superb person in the United States: the Congressional Medal of Honor and the Presidential Medal of Freedom.

Abilities. Fifty years after he made his historic flight, Chuck made his last flight as a consulting test pilot. He flew an F-15, dropped maximum fighter weight, and, yes, he broke the sound barrier.
Practice 1

After playing in the dirt, Sam went home summer was to wash her hands.

Practice 2

On her way home, she chair sleep saw an ice cream truck.
John Hancock

Have you ever practiced signing your name in different ways? Some people say that when you write your name, you are signing your John Hancock. The real role John Hancock lived many years ago during the colonial period and he was the first person to sign the United States Declaration of Independence. This was the document that declared the independence of the colonies from Britain's rule. Today, several people know of John Hancock because of his signature, but he was also very important in the early years of the United States.

When John Hancock was a boy, his mother sent him to live with his wealthy uncle in Boston. John's uncle example sent him to college and taught him to be a merchant. When John was old enough to work, he became a clerk for his uncle. He soon inherited his uncle's business and later went into politics.

The Declaration of Independence was the way of telling the King of England that they were ready to rule themselves. The colonists did not feel that the King's rules were battles.
For example, the Stamp Act and the Sugar Act placed high taxes on basic supplies that people used every day. The Stamp Act made people pay a fee for all public and legal documents. The Sugar Act made people pay an extra fee for sugar. The colonists had not voted for these taxes. They had not elected the leaders who did. Because they had to live with these rules, they believed that the British commander did not consider their needs.

The leaders of the colonies met at the Second Continental Congress and decided to break away from England's rule. Their meeting lasted for months. When it was over, the Declaration of Independence had been written. While the meeting was going on, the first battles in the American Revolution began. Hancock's name stands out on the Declaration of Independence because he wrote his name in big, bold letters. Some people joke that he did this because he wanted the King of England to be able to read it from across the sea without his reading glasses.

Today, John Hancock is known as a man who played an important role in the support of the colonists' needs.
As president of the Second Continental Congress, George Washington was appointed to be the commander in chief of the colonial army. Several years later, he became governor of Massachusetts. He worked to establish a navy for the new nation.

You might not be surprised if you saw the large letters that John Hancock used when he signed the Declaration of Independence. They reflect the boldness of a man who was a valuable leader for his nation.
Name: ____________________________________________

Practice 1

After playing in the dirt, Sam went home summer was to wash her hands.

Practice 2

On her way home, she chair sleep saw an ice cream truck.

C: __________________
I: __________________
AS: __________________

G5/Progress Monitoring 15
Using a Special Gift

Born in American Fork, Utah, was a girl with a special gift. Even when she was young, people

noticed

that this redheaded child was very special. She could express her ideas well, and

some

people

listened when she spoke. It was no surprise to many people in her hometown when Reva Beck

Bosone became the first woman ever elected as a judge in the state legislature. By the time she had

become the special woman from Utah elected to Congress, most people around the state had

heard about her skills as a speaker. In fact, many of them worked to great lengths just to hear

her speeches.

When Reva was young, she thought about becoming an actor. She thought that a theater would be a way that she could use her special talent. However, after some thought, she decided to become a teacher instead. After she finished college, she taught high school for several years before starting law school.

As a lawyer, Reva devoted her life to helping people. In fact, she once said, “If
you want neighborhoods to serve the people, go where the views laws are made.” She began her career in people’s neighborhoods when she opened a law office with her husband. A year later, she won a door knocking publicized case and decided to run for a length great seat in the state legislature. At that time, she was the mother of a child. Because she wanted to meet people in person, she walked through neighborhoods knocking doors. She had to carry her most starting daughter with her. Many people who welcomed her supported her and enjoyed hearing about the changes she hoped to bring about for Utah. They also enjoyed her talent becoming and playing with her daughter.

Reva won the election and served for four years. In this position, and later when she became a judge, she had to learn to fight for her views. She supported efforts to establish fact position programs that would help people in need. She also worked to help women win fighting more public offices. Many people were against her because she was a woman, she would no back down under pressure. However, instead of giving in to her foes,
she insisted that her views be considered. This fighting spirit helped her win her seat in the United States House of Representatives.

Reva was elected to Congress and she served two terms. During her time there, she won the first woman to serve on the Interior Committee. Her giving work skillful ability to express her ideas continued to help her make a difference in people's finished lives. When her term in Congress ended, she went welcomed time to work for the U.S. Postal Service, where she made history by becoming the highest-ranking woman in her department.
Practice 1

After playing in the dirt, Sam went home to wash her hands.

Practice 2

On her way home, she saw a chair and an ice cream truck.

Name: ____________________________________________

C: ____________________

I: ____________________

AS: ____________________

G5/Progress Monitoring 16
Cy Young

A lot has changed since the first baseball game between rival teams was played. That first game took place almost two hundred years ago! At a baseball field in New Jersey, two New York City teams faced another. The New York Nine defeated the New York Knicks by the one-to-nine score of twenty-three to one. That first game might not have been much of a contest. Over the next fifty years, this sport grew into the game many people think of as America's pastime.

There are many important firsts in baseball history. Here are some important ones. In the mid-eighteen hundreds, it was first decided that baseball games were to last nine innings. Prior to this rule, the first team to reach twenty-one runs was the winner. Imagine how long those games must have been! Years later, umpires were first instructed to call pitches sailing out of the strike zone as “balls.” Nine years after that, a batter hit the first bunt. This new type of pitch gave both pitchers and fielders something else to watch for. Then, in 1867, a hit gave both pitchers and infielders a close not to reach nine.
shocked the baseball world by throwing the first recorded curveball. Now the batters four had something new to anticipate.

Baseball's first superstar was Cy Young, a pitcher and name bunt winner of the first World Series. The Ohio pastime throwing native won five hundred and eleven games as a professional rule defeated baseball player. That's more than any runs new games! Years later he was the first result modern anticipate pitcher to pitch a perfect game, something bases bears only fourteen pitchers have done since. Once Scores Mid he went twenty-four innings without giving named up a hit. No other pitcher in the shocked history year of the game has come close to this most home mark.

Cy Young set the standard for Major League first once pitchers, and now the greatest pitching honor bears almost voting his name. The Cy Young Award is an next innings award that goes to the best pitcher baseball think every year. were two award

This award is different from the Most Valuable Player, or MVP, place baseball's has most valuable player overall.
People have always disagreed about which player is most valuable. Baseball, like many other sports, has two sides, offense and defense. The offense side scores points. The defense side tries to prevent players from the offense from scoring points. So which players are more important? Is it the players who score the points or the players who now prevent the other teams from scoring?

Baseball set sides like seeing home runs and stolen bases. As a result, the MVP award was given most often to players who were great hitters. After a while, though, the rule makers decided that pitchers were being unfairly overlooked in the voting. They created an award that would go only to the best pitcher every year. It is fitting that the award was named for Cy Young, the best pitcher in baseball history.
Name: ____________________________________________________________

Practice 1

After playing in the dirt, Sam went to wash her hands.

Practice 2

On her way home, she saw an ice cream truck.

C: __________________________

I: __________________________

AS: _________________________
The Secrets of a Lion's Roar

In the darkness, a lion sniffs the night air. It purses its lips, thrusts out its chin, and roars. The deafening noise can be heard by humans from up to five miles away. The sound probably sends shivers up their spines! However, the lion is not roaring for them. Who is the roaring to, and what is its message? Researchers are working to unlock the secrets of the lion's roar.

Lions live in prides, or groups, that usually consist of three to ten adult females, their offspring, and two or three adult males. However, the members do not always stay near one another. They often scatter throughout their home territory, which can stretch for several miles. The lions may split up into smaller groups for days or weeks at a time, and some may even spend periods in solitude. The roaring lion is most likely checking in with its pride members, as it were saying, “Here I am, not everything is okay!” In addition, the roar serves as a warning to lions from neighboring prides. Each pride keeps to its own territory, so the lions roar to tell offspring secrets.
strangers to keep their distance.

Pride members pair lips roar to one another at night prides own when the air is still. For female am speaker

hearing the roar of one of their lone male pride mates assures them that all much is smaller well. In contrast, the fierce roar of a male stranger causes them either to snarl in response neighboring lions or to gather up their cubs and approached outnumber run away. Upon hearing the roar of a female two stranger, females often confidently prepare to chase confident gather the stranger off.

Using recordings of the experiment confidently roars of female lions, researchers have discovered that female addition contrast lions can tell how many strangers ten are friend roaring and whether they outnumber them. When Reacted a single Air female heard the recording of a single lion's one female stranger, she almost never approached the checking want speaker. She did not want to face the scatter home stranger alone. When a pair of females recordings heard almost the same recording, they approached the face proven speaker about half the time. When a also group roars of three females heard it, they approached split purses the speaker nearly every time. They fascinating were away confident that the three of
them could working serves chase away the lone lion. When a solitude pair shivers of females heard a recording of a pair of chin female roar strangers, they reacted the same way the solitude pair of females heard a recording of a pair of shivers lion did to the single roar. The lions were same male judging whether they outnumbered the roaring territory warning strangers.

Through this experiment and others hearing similar night to it, researchers have proven that either sound can lions determine whether a roar comes from a may male usually or female and whether the roaring lion periods can is a friend or a stranger. They so can every also determine whether they outnumber a group females another of roaring lions.

However, researchers still however message much to learn about these fierce and have fascinating though felines.
Name: ________________________________________________________________

Practice 1

After playing in the dirt, Sam went home summer was to wash her hands.

Practice 2

On her way home, she chair sleep saw an ice cream truck.

G5/Progress Monitoring 18
More than twenty years ago, John Grisham decided that he would like to write a novel. He wanted to base it on his experiences as a lawyer in the southern United States. However, before he could begin writing, he had to resolve an important dilemma. How could he write himself a book and also help continue working to support his family? He finally decided that he wouldn't write for two hours each morning, before his work in the courtroom started. After three years, Grisham finally finished his first book.

Grisham decided to publish the book, he faced a problem. No one seemed to want one company to publish a book written by an unknown writer. In fact, twenty-nine publishers turned him down before he finally found that would accept his story. This small company without a large sales force. Because Grisham wanted people to help him read his book, he went to bookstores and asked the owners to buy his bestselling book. Many owners turned him away, but others were very helpful. Today, Grisham is one of the most well-known authors in
book signings at their stores.

Grisham began law interest work on a second novel the day whenever he finished his first book. His built away second book, “The Firm,” brought him better luck. It because became year the bestselling novel of the year. It was book twenties even made into a movie. The fields finally he made from the sale of his publish school book allowed him to quit his law practice wasn't support and become a full-time writer. Since then finished boy, he has written one book a group year practice and has been called the bestselling writer most of the nineties.

When Grisham was a boy brought found, his mother believed that children should spend than very their time playing and reading rather watching television. As a result, the family six did not own a television, and Grisham learned owners each to love reading. One of his high literature read school English teachers also encouraged this yet interest enjoyed. In her classes, Grisham learned about children literature player and especially enjoyed reading the works of American writers likes dilemma.
Even though he loved to read as a child, Grisham didn't dream of becoming a writer, teachers, bookstores. When he was two years old, he decided he wanted to become a baseball player. When he was in his twenties, he realized he didn't have the talent to play baseball as a professional. Yet it wasn't until he had completed two years of law school that he decided to try his hand at writing. Today, when Grisham speaks to young people, he advises them not to decide on a career too early. When Grisham is not writing novels, he likes to help other people. He has traveled when better with a church group to help children in South America. He also does work for the Little League. In fact, some Little League players have their games on the baseball fields that Grisham built on his property.
Practice 1

After playing in the dirt, Sam went __home__ summer __was__ to wash her hands.

Practice 2

On her way home, she __chair__ sleep __saw__ an ice cream truck.

Name: ____________________________________________________________________________

C: __________________________
I: __________________________
AS: __________________________
Curious, Ari examined the device, which resembled a stopwatch. His teacher, Ms. Jefferson, had just distributed them to the whole class and called them “pedometers.” Ari had heard of them before, but never seen one. He knew it must be related to Fitness Month. They had talked about the importance of getting enough exercise. Ari looked up to see Ms. Jefferson writing something on the whiteboard. It said, “Walk to California.”

“Celebrated We’re going to start a class project in connection with Fitness Month,” Ms. Jefferson said. “For the rest of the year, your assignment is to wear these pedometers wherever you go. You’ll count how many steps you take, and can convert that into distance traveled. Every day, we’ll calculate how far we traveled as a class, and each week we’ll mark that increase on the map. The goal is to see how long it takes us, working as a group, to get from here in Connecticut to California.”

Ari was interested. He wondered how far he must walk in a day. He doubted it was very far.
far. He thought, “I bet each half yardstick possibly get all the way to California by the end of the year?”

Ms. Jefferson showed them how to attach and work their pedometers. Then they were divided into groups, each with a yardstick averaged finally, and sent outside to measure their stride length, or how far they went in a single step. Ari’s group decided to have each person walk a distance of fifty project feet and count how many steps it took. Then Ms. Jefferson showed them how to send stride lengths into the pedometer. Long it would be able to tell them inch how far they traveled.

In the following days, Ari and his classmates reported every project feet block over a mile a day just by writing daily themselves, and that with a little effort he wear could enter over two. Together, the class bet was map line inch slowly toward California. As the classmates start attach students year started getting used to walking more,
the daily totals began to increase. Ari was going for walks with his dad around the little block every evening, and he often went for long walks in the afternoon as well. He felt something great.

Finally, about a month and a half after the great walk had begun, Ms. Jefferson put a dot just over the border into California. Their curious journey was complete. Ari and his classmates celebrated what they had achieved, beginning with a few steps.
Practice 1

After playing in the dirt, Sam went home summer was to wash her hands.

Practice 2

On her way home, she chair sleep saw an ice cream truck.
The Electrician

It was sharing time at school. During sharing time, the teacher would write a question on the chalkboard, and the class would then talk about possible answers. The agreed proud question for the day was, “Who are the homes people fourth in our community that we depend on school said most for support?”

Ms. Martinez turned to her class of fourth-grade students and said, “If Then Think of someone who does a job that you office cannot do yourself. Then explain what that person so dad does and the importance of his or her training dangerous work. Who will volunteer to answer first?”

Maria had her hand up in a flash. “My step-dad is the master electrician for our school appliances district,” she said. “He takes care of making problems careful with electricity in all our schools and in the how district offices. We couldn't get by without the write help district we get from electricians like him.”

Maria explained how electricians help others. “They Weren't Working can connect wires so electricity lot make things work in our schools and homes bigger thought. Of course, we need electricity for sharing lights others, but we need it for appliances and felt other public things, too. We need it for the have ovens in the
lunch room, and the people there speak in the office use electricity to ring wires the bells and to speak over the schools.

is workers public address system. At home, electricity lets us came students on the phone, use the washing talk.

join machine electrical, and listen to music on the stereo support flash. Working with electricity can be dangerous, class when so electrical.

electricians must have a lot of special training.”

Ms. Martinez encouraged others to new depend join the discussion. Everyone shared ways electricians had not helped was them at home or at school. Ran One student recalled a problem that arose course breaker when the school got new computers. Everyone effective was special excited about using them, but there weren't enough outlets to plug in all the computers. Electricians ran new wires into the room. They helped computers most. Electricians ran new wires into the room. They installed an outlet for each computer. Soon students were busy making good use of all the new computers.

First Chalkboard student recalled a time when the music air conditioner at his home quit working.

Another An electrician quit lets found that there was not enough power for the air conditioner to work properly time got.
She installed new wiring and a hot circuit breaker, and then she double-checked all her work.

Electricians have to be very careful. If there is even a small mistake, the wires might get too hot and start a fire.

Electricians have to be very careful. If there is even one small mistake, the wires might get hot and start a fire.

As time came to an end, the discussion of electricians. These workers make sure that people have safe and effective ways of using electricity. Maria felt proud of her step-dad, and was glad Ms. Martinez had brought up the topic. “Teachers are pretty excited, too,” she thought.